Taking Charge of ADHD

Presents advice for parents of children who lack basic "executive skills," providing strategies to help children become organized, increase concentration, follow instructions, be persistent, and complete homework and chores on time.

Executive Skills in Children and Adolescents, Third Edition

Many tens of thousands of school practitioners and teachers (K-12) have benefited from the step-by-step guidelines and practical tools in this influential go-to resource, now revised and expanded with six new chapters. The third edition presents effective ways to assess students' strengths and weaknesses, create supportive instructional environments, and promote specific skills, such as organization, time management, sustained attention, and emotional control. Strategies for individualized and classwide intervention are illustrated with vivid examples and sample scripts. In a large-size format with lay-flat binding for easy photocopying, the book includes 35 reproducible forms and handouts. Purchasers get access to a Web page where they can download and print the reproducible materials. New to This Edition *Chapter with guidance and caveats for developing Individual Education Programs (IEPs), 504 Plans, and multi-tiered systems of support (MTSS). *Chapters on working with students with attention-deficit/hyperactivity disorder (ADHD) and autism spectrum disorder. *Three guest-authored chapters describing exemplary schoolwide applications. *More student centered--provides a template for involving children in intervention decision making. *Fully updated with the latest developments in the field. This book is in The Guilford Practical Intervention in the Schools Series, edited by T. Chris Riley-Tillman.

Executive Functioning Workbook

Uses key principles from the business world to help teens get organized, stay focused, and control their impulses.

Essentials of Executive Functions Assessment

Written by experts in the area of executive functioning, Essentials of Executive Functions Assessment equips mental health practitioners (school, clinical, developmental/pediatric, neuropsychologists, educational diagnosticians, and educational therapists) with all the information they need to administer, score, and interpret assessment instruments that test for executive functions deficits associated with a number of psychiatric and developmental disorders.

Smart But Scattered
Executive Function Skills in the Classroom

This groundbreaking volume, now revised and updated, has given thousands of educators and clinicians a deeper understanding of executive function (EF) processes in typically developing children and those with learning difficulties and developmental disabilities. The book elucidates how PreK?12 students develop such key capacities as goal setting, organization, cognitive flexibility, working memory, and self-monitoring. Leading experts in education, neuroscience, and psychology explore the links between EF and academic performance and present practical applications for assessment and instruction. Exemplary practices for supporting students with EF difficulties in particular content areas--reading, writing, and math--are reviewed. New to This Edition *Expanded coverage of reading--chapters on recent fMRI research findings; working memory and reading; and self-regulation and reading comprehension. *Chapter on early childhood. *Chapter on embedding EF strategies in the curriculum *Updated throughout with a decade’s worth of significant advances in research, theory, and educational best practices. See also Meltzer’s authored book Promoting Executive Function in the Classroom, which provides easy-to-implement assessment tools, teaching techniques and activities, and planning aids.

Boosting Executive Skills in the Classroom

Brain Development and School offers a range of practical classroom strategies to help pupils develop their executive function. Packed with useful tips that are grounded in theory, it examines how to support aspects of children’s executive functioning that can affect their school life; including self-control, memory, metacognition, organisation, motivation, self-regulation and focus. Relevant for pupils in the primary and secondary school, the book focuses on ways of improving children’s emotional and intellectual development. It includes: Discussion of what executive functioning is and the different factors that might affect a child’s executive functioning; Ways that executive functioning weaknesses show themselves in school; Support strategies for teachers and advice for pupils to improve specific areas of executive functioning; Manageable solutions and modifications that can be applied within the mainstream classroom. The book elucidates how pupils develop such key capacities as goal setting, organization, cognitive flexibility, working memory, and self-monitoring. Leading experts in education, neuroscience, and psychology explore the links between EF and academic performance and present practical applications for assessment and instruction. Exemplary practices for supporting students with EF difficulties in particular content areas--reading, writing, and math--are reviewed.

Handbook of Executive Functioning

Brain Development and School


Executive Skills Coaching

From the cutting edge of brain science, eight crucial skills for children’s future success?now in paperback. From a clinical psychologist who has devoted his clinical and research work to the study of executive control skills, here is a program for helping children master the eight essential cognitive skills that are critical for success in life in work: ? Taking initiative ? Screening out distractions ? Organizing ? Thinking flexibly ? Planning ? Regulating emotions ? Self-monitoring ? Using memory effectively Using case studies and anecdotes, Dr. Cox presents a comprehensive and practical plan for parents. The book addresses special-needs children as well as neurotypical children, and includes practical suggestions for parents and educators.

Smart But Scattered Teens

Help K-12 teachers understand and enhance students’ executive function skills—the key to long-term school and social success. This practical how-to guide is packed with ready-to-use forms and strategies that improve outcomes across subject areas.

No Mind Left Behind

With insight and humor, this motivating guide shows how to bring executive functions (EF) to the forefront in K-8 classrooms—without adopting a new curriculum or scripted program. Ideal for professional development, the book includes flexible, practical, research-based ideas for implementation in a variety of classroom contexts. It shares stories from dozens of expert teachers who are integrating explicit EF support across the school day. Provided is a clear approach for talking about EF barriers and strategies as part of instruction, and working as a class to problem solve, explore, and apply the strategies that feel right for each student. Purchasers get access to a Web page where they can download and print several reproducible tools in a convenient 8 1/2” x 11” size. This book is in The Guilford Practical Intervention in the Schools Series, edited by Sandra M. Chafouleas.
**The Conscious Parent’s Guide to Executive Functioning Disorder**

This dissertation, "The effects of the development of executive skills program (DOES) on Chinese children with attention-deficit/hyperactivity disorder (ADHD) symptoms" by Yim-chi, Ho, 何艷芝, was obtained from The University of Hong Kong (Pokfulam, Hong Kong) and is being sold pursuant to Creative Commons: Attribution 3.0 Hong Kong License. The content of this dissertation has not been altered in any way. We have altered the formatting in order to facilitate the ease of printing and reading of the dissertation. All rights not granted by the above license are retained by the author. Abstract: This waitlist-controlled study aimed to evaluate the effects of the "Development Of Executive Skills (DOES)" program (Education Bureau, HKSAR, 2010) on the executive functions of children with Attention-Deficit/Hyperactivity Disorder symptoms. Sixteen participants (15 boys, 1 girl), aged 7 to 8 years (M = 7.95, SD = 0.59), were recruited voluntarily from a local service center. Half of them, the DOES group, received the 7 weekly training sessions after the pre-tests; the other half, the Waitlist group, joined the same program after the post-tests. Their demographic characteristics, medical conditions and nonverbal intelligence were comparable. Cognitive measures and parent observations assessing their executive skills and social behavioral functions were taken before the study, after the training for the DOES group and that for the Waitlist group. No statistically significant intervention effect was found. Effect size analyses, however, suggested potential social benefits of the program. Recommendations on improving the program effectiveness were discussed. DOI: 10.5353/th b5156676 Subjects: Executive ability in children Self-management (Psychology) for children Attention-deficit-disordered children

**Promoting Executive Function in the Classroom**

This practical manual presents an evidence-based coaching model for helping students whose academic performance is suffering due to deficits in executive skills, including time and task management, planning, organization, impulse control, and emotional regulation. In just a few minutes a day, coaches can provide crucial support and instruction tailored to individual students' needs. From leading experts, the book provides detailed guidelines for incorporating coaching into a response-to-intervention framework, identifying students who can benefit, conducting each session, and monitoring progress. Special topics include how to implement a classwide peer coaching program. More than three dozen reproducible assessment tools, forms, and handouts are featured; the large-size format and lay-flat binding facilitate photocopying. Purchasers also get access to a Web page where they can download and print the reproducible materials. This book is in The Guilford Practical Intervention in the Schools Series.

**Executive Skills in Children and Adolescents**

FLIPP the Switch: Powerful Strategies to Strengthen Executive Function Skills is a practical book written for parents and educators by parents and educators. The target audience is anyone who works with young people aged 3-22 who are disorganized, inflexible, impulsive, and who struggle with planning or problem solving. Readers will learn about executive function (EF) and how EF skills contribute to success in school, at home, and in work environments. Most importantly, readers will receive specific instructions, templates, and how-to scenarios for 25 strategies, five strategies for each of the five FLIPP components--flexibility, leveled emotionality, impulse control, planning, and problem solving. This book is indispensable for anyone who wants to minimize conflict, maximize on-task behavior, and support positive social-emotional development in a child or student with challenging behavior.

**The Appropriateness of the Tower of LondonDX to Measure Executive Skills in Children During Neuropsychological Assessment**

How do K-12 students become self-regulated learners who actively deploy comprehension strategies to make meaning from texts? This cutting-edge guide is the first book to highlight the importance of executive skills for improving reading comprehension. Chapters review the research base for particular executive functions--such as planning, organization, cognitive flexibility, and impulse control--and present practical skills-building strategies for the classroom. Detailed examples show what each skill looks like in real readers, and sidebars draw explicit connections to the Common Core State Standards (CCSS). Reproducible planning and assessment forms can be downloaded and printed in a convenient 8 1/2" x 11" size.

**Specific Language Impairment and Executive Function**

This bestselling guide provides step-by-step guidelines and practical tools to promote executive skill development. Includes more than two dozen reproducible assessment tools, checklists, and planning sheets.

**Executive Function & Child Development**

The first time you hear that your 7-year-old son is weak in “executive functions” it sounds like a joke. No kidding—that’s why he’s a first-grader, not a CEO. But executive function is the essential self-regulating skills that we all use every day to accomplish just about everything. They help us plan, organize, make decisions, shift between situations or thoughts, control our emotions and impulsivity, and learn from past mistakes. But how can we help our kids to improve this skill? Discover in this book for useful information. This book is filled with expert advice and actionable strategies that can help your smart but scattered child build the skills they need to thrive both at school and at home. Quick assessment tools-Better understand your child’s level of executive function and learn what motivates them, for stronger communication and connection. Expert advice-Learn how to build confidence and autonomy in your smart but scattered child with research-based guidance for helping them practice self-control, manage time, follow routines, beat procrastination, and more. Common sense explanations-Explore how executive function works in clear, simple language, and then apply what you learned through fun activities like using code words and making memory boards. Build better habits and routines in smart but scattered kids with this book now.
Train Your Brain for Success

ABSTRACT: Children from lower-income families are at an increased risk for delays in academic achievement and cognitive development. This goal of this study was to examine differences in the executive functioning skills of children from lower-income families compared to their more affluent peers. Executive functions underlie cognitive skills that are necessary for learning in academic development. Performance on the Tower of London (TOL) was measured in 170 kindergartners (76 lower-income, 46 average-income, & 48 higher-income). In general lower-income had poorer performance than the higher-income children. Lower-income children solved fewer problems correctly and of the problems solved correctly they used more time and problems were solved less efficiently than higher-income children. These results indicate that children from lower-income families may benefit from executive skills training to better prepare them for school entry, thus results were discussed in terms of implications for early intervention programs.

Das Resilienz-Buch

Defines executive functions as a set of thinking, problem-solving, and self-control skills; demonstrates the ways teens use them in school, at home, and in their other activities; and shows how they can be improved through sustained effort.

Der Punkt

Help your child feel confident and capable! If your child has been given a diagnosis of executive functioning disorder, you may be feeling overwhelmed and unsure of what to do next. You want your child to be able to master certain basic skills, such as being organized, staying focused, and controlling impulses and emotions. But what if your child is having trouble with one or all of these skills? With The Conscious Parent’s Guide to Executive Functioning Disorder, you’ll learn how to take a relationship-centered approach to parenting as you help improve your child’s executive functioning skills: Task initiation Response inhibition Focus Time management Working memory Flexibility Self-regulation Completing tasks Organization Conscious parenting is about being present with your children and taking the time to understand how to help them flourish. With the strategies and advice in this guide, you and your child will build sustainable bonds, develop positive behaviors, and improve executive functioning skills for life. And you’ll find that conscious parenting helps create a calm and mindful atmosphere for the whole family, while helping your child feel competent, successful, and healthy.

Solving Executive Function Challenges

Many tens of thousands of school practitioners and teachers (K-12) have benefited from the step-by-step guidelines and practical tools in this influential go-to resource, now revised and expanded with six new chapters. The third edition presents effective ways to assess students’ strengths and weaknesses, create supportive instructional environments, and promote specific skills, such as organization, time management, sustained attention, and emotional control. Strategies for individualized and classwide intervention are illustrated with vivid examples and sample scripts. In a large-size format with lay-flat binding for easy photocopying, the book includes 38 reproducible forms and handouts. Purchasers get access to a Web page where they can download and print the reproducible materials. New to This Edition: *Chapter with guidance and caveats for developing individual education programs (IEPs), 504 Plans, and multi-tiered systems of support (MTSS). *Chapters on working with students with attention-deficit/hyperactivity disorder (ADHD) and autism spectrum disorder. *Three guest-authored chapters describing exemplary schoolwide applications. *More student centered—provides a template for involving children in intervention decision making. *Fully updated with the latest developments in the field. This book is in The Guilford Practical Intervention in the Schools Series, edited by T. Chris Riley-Tillman.

Executive Skills in Children and Adolescents, Second Edition

The unique developmental needs of premature infants and sick newborns have become more clearly defined for speech-language pathologists involved in their care. This self-study will provide key information about this highly demanding and specialized area of clinical practice.

Executive Function in the Classroom

This book is the first comprehensive and state-of-the-art review of the relationship between executive function skills and writing. It explores its role across the lifespan, addressing all groups of writers, from children and those with learning and language difficulties, to adults and elders.

Flipp the Switch: Strengthen Executive Function Skills

Planning. Attention. Memory. Self-regulation. These and other core cognitive and behavioral operations of daily life comprise what we know as executive functioning (EF). But despite all we know, the concept has engendered multiple, often conflicting definitions and its components are sometimes loosely defined and poorly understood. The Handbook of Executive Functioning cuts through the confusion, analyzing both the whole and its parts in comprehensive, practical detail for scholar and clinician alike. Background chapters examine influential models of EF, tour the brain geography of the executive system and pose salient developmental questions. A section on practical implications relates early deficits in executive functioning to ADD and other disorders in children and considers autism and later-life dementias from an EF standpoint. Further chapters weigh the merits of widely used instruments for assessing executive functioning and review interventions for its enhancement, with special emphasis on children and adolescents. Featured in the Handbook: The development of hot and cool executive function in childhood and adolescence. A review of the use of executive function tasks in externalizing and internalizing disorders. Executive functioning as a mediator of age-related cognitive decline in adults. Treatment integrity in interventions that target executive function. Supporting and strengthening working memory in the classroom to enhance executive functioning. The Handbook of Executive Functioning is an essential resource for researchers, scientist-practitioners and graduate students in clinical child, school and educational psychology; child and...
The Executive Function Guidebook

Children -- executive functions -- executive skills -- neuropsychological assessment -- rapid review -- Tower of LondonDX (TOLDX) -- kinders -- uitvoerende funksies -- uitvoerende vaardighede -- neurosielskundige evaluasie -- bondige oorsigstudie.

Executive Functioning Skills For Toddlers

Ina ist überzeugt, nicht malen zu können. Als sie es trotzdem versucht, macht sie eine erstaunliche Entdeckung. Ab 5.

Executive Functions in Children's Everyday Lives

Accessible and practical, this book helps teachers incorporate executive function processes - such as planning, organizing, prioritizing, and self-checking - into the classroom curriculum. Chapters provide effective strategies for optimizing what Ka "12 students learn by improving how they learn. Noted authority Lynn Meltzer and her research associates present a wealth of easy-to-implement assessment tools, teaching techniques and activities, and planning aids. Featuring numerous whole-class ideas and suggestions, the book also covers the nuts and bolts of differentiating instruction for students with learning or attention difficulties. Case examples illustrate individualized teaching strategies and classroom accommodations. Fifteen reproducibles are included; the large-size format facilitates photocopying and day-to-day reference. This book will be invaluable to classroom teachers and special educators in grades K-12, teacher educators, school psychologists, and neuropsychologists.

The Development of Executive Functioning Skills in Children from Low-income Families

The groundbreaking, nationally recognized Next Chapter Book Club (NCBC) provides rewarding learning and social opportunities for hundreds of people with intellectual disabilities. This new guide shows you how to use the innovative NCBC model to set up a successful book club where members read aloud together, improve literacy or read for the first time, and make lasting friendships as they discuss books every week at their local coffee shop or bookstore. Developed in 2002 by Tom Fish and his colleagues at The Ohio State University Nisonger Center, the NCBC program now boasts more than 100 clubs. The authors share their experience, providing the practical, nuts and bolts steps you need to take to get a book club up and running. Clubs include five to eight members all ages and literacy levels are welcome -- and discussion is facilitated by two trained volunteers. Much like other book clubs, NCBC members choose how they want to structure their club and which books they want to read. This book covers all aspects of sponsoring, organizing and implementing a book club in any community. Facilitators get title suggestions, learn how to manage their group, use strategies to initiate or improve reading skills, and encourage social interaction. NCBC also provides ongoing training and support to facilitators. A handy CR-rom included in the book provides several dozen key forms and templates, such as Member and Facilitator Intake Forms; End-of Book Survey, and Scale of Literary Skills. The enrichment of the NCBC experience continues to exceed the expectations of everyone involved; no club has every disbanded! In addition to improving their reading skills and making friends, participants become connected to their community because they go regularly to a social meeting place where all kinds of people gather. Don't wait to set-up a book club in your neighborhood The Next Chapter Book Club tells you how. Its easy and fun. Teachers, parents, social service providers and prospective members will want a copy.

Executive Function Skills in Children and Adolescents

Teach some of the most important skills your students will ever need! Executive function skills--including self-regulation, focus, planning, and time-management—are essential to student success, but they must be taught and practiced. This unique guidebook provides a flexible seven-step model, incorporating UDL principles and the use of metacognition, for making executive-function training part of your classroom routine at any grade level. Features include: Descriptions of each skill and its impact on learning Examples of instructional steps to assist students as they set goals and work to achieve success. Strategies coded by competency and age/grade level Authentic snapshots and “think about” sections Templates for personalized goal-setting, data collection, and success plans Accompanying strategy cards

Coaching Students with Executive Skills Deficits

This practical manual presents an evidence-based coaching model for helping students whose academic performance is suffering due to deficits in executive skills, including time and task management, planning, organization, impulse control, and emotional regulation. In just a few minutes a day, coaches can provide crucial support and instruction tailored to individual students’ needs. From leading experts, the book provides detailed guidelines for incorporating coaching into a response-to-intervention framework, identifying students who can benefit, conducting each session, and monitoring progress. Special topics include how to implement a classwide peer coaching program. More than three dozen reproducible assessment tools, forms, and handouts are featured; the large-size format and lay-flat binding facilitate photocopying. Purchasers also get access to a Web page where they can download and print the reproducible materials. This book is in The Guilford Practical Intervention in the Schools Series, edited by T. Chris Riley-Tillman. See also the authors’ Work-Smart Academic Planner: Write It Down, Get It Done, designed for middle and high school students to use in conjunction with coaching, plus the authoritative Executive Skills in Children and Adolescents, Second Edition. Also from Dawson and Guare: Smart but Scattered parent guides and a self-help guide for adults.

Executive Skills and Reading Comprehension

Was können Eltern tun, um ihre Kinder für die Belastungen des Lebens zu stärken? Dieser Frage widmen sich die erfahreneren Kindertherapeuten Robert Brooks und Sam Goldstein. Schrift für Schritt erklären sie, wie wir unseren Kindern...
The Effects of the Development of Executive Skills Program (Does) on Chinese Children with Attention-Deficit/Hyperactivity Disorder (ADHD) Symptoms

A guide for helping students with weak Executive Function skills to learn efficiently and effectively. Students with weak Executive Function skills need strong support and specific strategies to help them learn in an efficient manner, demonstrate what they know, and manage the daily demands of school. This book shows teachers how to do exactly that, while also managing the ebb and flow of their broader classroom needs. From the author of the bestselling parenting book Late, Lost, and Unprepared, comes a compilation of the most practical tools and strategies designed to be equally useful for children with EF problems as well as all other students in the general education classroom. Rooted in solid research and classroom-tested experience, the book is organized to help teachers negotiate the very fluid challenges they face every day; educators will find strategies that improve their classroom "flow" and reduce the stress of struggling to teach students with EF weaknesses. Includes proven strategies for teachers who must address the needs of students with Executive Function deficits. Contains information from noted experts Joyce Cooper-Kahn, an educational psychologist, and Margaret Foster, an educational psychologist and learning specialist. Offers ways to extend learning and support strategies beyond the classroom. The book's reproducible forms and handouts are available for free, making this important book offers teachers specific strategies to help students with EF problems learn in an efficient manner, demonstrate what they know, and manage the daily demands of school.

“Das” Peter-Prinzip

Executive Functions in Children’s Everyday Lives captures the diversity and complexity of the executive system that underlies children’s everyday life experiences. Acquisition of executive functions, such as interpreting communication cues and the perspectives of others, is foundational to and a function of children’s early social and communicative competencies. From the soccer field to the classroom, executive functions support children’s strategic thinking and control of their environment. Knowing about executive functions and how this system of cognitive resources emerges in young children is important in understanding children’s development. Recent research points to the importance of also considering environmental influences on the executive system. This book is unique in its focus on how experiences in children’s early lives influence and are influenced by executive functions. Viewing executive functions through this broad lens is critical for professionals who intervene when children’s access to executive functions is less than optimal. This book addresses a wide range of topics, including the neurological basis of executive functions in young children, the assessment of children’s executive functions, theoretical and historical conceptions of executive functions, the relations between executive functions and theory of mind, multilingualism, early school transitions, and the relationship of executive functions to Autism and ADHD. This volume will be useful to professionals in applied psychology, undergraduate and graduate students, and social science and applied researchers.

Coaching Students with Executive Skills Deficits

Executive Skills in Children and Adolescents

Many students struggle with organization, planning, completing homework, and creating an effective study routine. School seems more challenging for them than their peers. These children may be labeled as disorganized, absent-minded, scattered, or forgetful by teachers, when in reality the issue is underdeveloped executive function - a skill, like any other, that can be taught! This EXECUTIVE FUNCTIONING WORKBOOK increases student’s ability to plan, start, and finish work independently. It identifies student’s aims and challenges, builds thinking skills, and provides tools to help build organizational strategies. Judging time accurately Building “Working Memory” Breaking down complex projects into manageable, orderly tasks Correctly estimating how long tasks will take Starting, stopping, and changing activities This Executive Functioning Workbook is the first subject-matter book geared toward the STUDENT - providing worksheets and advice for students to develop and improve their Executive Functioning skills. The step-by-step worksheets and checklists designed by educational experts Melissa Mullin Ph.D. and Karen Fried PsyD MFT are the results of over 20 years of helping students succeed in school. Parenting and teaching solutions utilize student’s strengths and weaknesses help build organization and establish a schedule that works. The Executive Functioning Workbook provides easy to follow, hands-on guidance and support to help students organize, plan, and follow through on tasks.

Late, Lost and Unprepared

A Manual for Executive Skills Coaching with Adults Affected by Conditions of Poverty and Stress